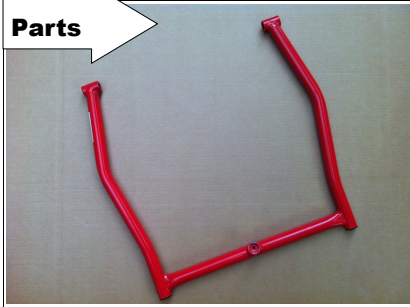


Bicycle Stand Instructions For Use

Parts



Main Frame



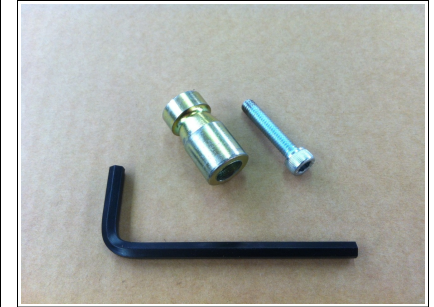
Bottom Arm



**2 X Locating Pin
Hollow Crank Adapter**

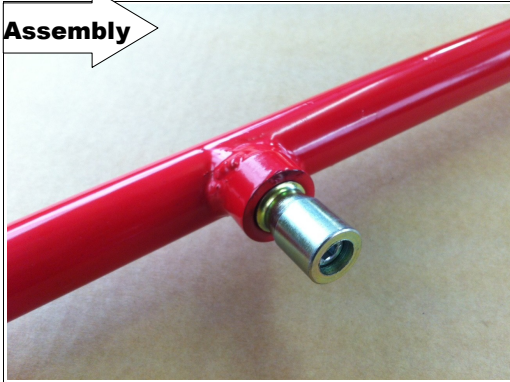


3 X Thumb Screw

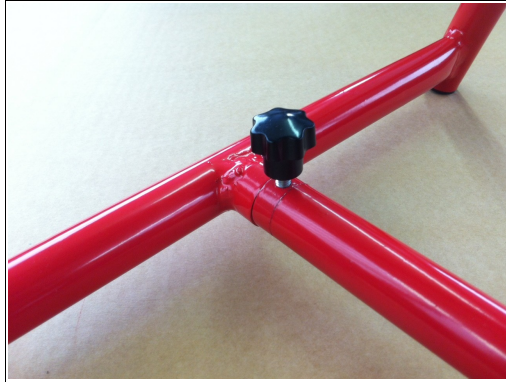


Bottom Arm Pin, Bolt & Allen Key

Assembly



1. First fit the bottom arm pin to the main frame using the bolt & allen key supplied (tighten securely).



2. Fit bottom arm to the main frame by sliding the bottom arm over the bottom arm pin. Then tighten the thumb screw.



3. Fit the Locating pins and thumb screws on each side of the main frame.



4. If required, fit the hollow crank adaptor to the correct locating pin & tighten with allen key.

Fitting



1. Roll your bicycle between the two uprights of the stand, then lift the bike up and fit one of the locating pins.



2. Repeat on the other side of the bike ensuring you have locked the thumb screws on each side. Tip: After first fitting keep one pin locked in position. This will keep the bike centralised when refitting.



3. Your bicycle stand is now fitted! Simply use the reverse procedure for removal.